

VHS Girls Beach Volleyball 2022-23  
Player Information Sheet

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Street Address, City, Zip: \_\_\_\_\_

Parent or Guardian Name: \_\_\_\_\_ PH: \_\_\_\_\_

Parent or Guardian Email: \_\_\_\_\_

Emergency Contact (If different Than Above): Name: \_\_\_\_\_ PH: \_\_\_\_\_

Player PH: \_\_\_\_\_ Player Email: \_\_\_\_\_



- **Willed** - **Valued**

- **Selfless** - **Sand D**

**Current Class** (Circle):

**Frosh.** **Soph.** **JR.** **SR.**

Please check those boxes below that apply concerning your athletic background:

VHS Returning Beach Player  Indoor Volleyball  VHS Other Sport: \_\_\_\_\_

New Athletes, Please List Prior Sports & Activities: \_\_\_\_\_

### **Important / Participation Acknowledgment:**

Beach VB players are asked for the following participation to maintain "eligible-to-play status" and remain in good standing with the program.

**-Fall Training Block:** Two practices per week over 5 weeks in November/December. No practices over the Thanksgiving Holiday or Winter Break.

**-Winter Training Block:** Two practices per week and one competition day (Friday Cauldron Play) starting upon your return from break in January.

**-Competitive Duel Season** - Two Matches and one practice per week (mid-February thru mid-April).

Although you will not have practice or matches every day of the week, your availability needs to remain flexible. Beach volleyball is an outdoor sport and there is always a possibility of a cancelation due to weather, and practices and/ or matches may be postponed. For instance, if a Wednesday practice needs to be canceled due to extremely high winds, we want to have the ability to reschedule for Friday. If there is a conflict with your club practice or job/work schedule, please let the coach(s) know immediately.

**Additionally:** -Any missed time or early departure needs due to the club volleyball participation rule must be discussed with the coaching staff before the start of the season.

-Each player will be allowed one missed practice to catch up on schoolwork, an appointment or for mental health purposes during the season NO QUESTIONS ASKED. You must inform the coaching staff the day before and at a minimum by 10 AM the day of your planned day off (again, preferably the day before). A text message "hey coach I need tomorrow off is sufficient.

**Your Team & Partner(s) Depend on You:** While beach volleyball is a team sport with the goal of winning three out of five matches at a duel, it is played by partner pairs. Those who miss practice can potentially eliminate their partner from competing in the next event as well. This may include calling out sick as "time away from the team" is "time away from the team" and it is hard to take an opportunity away from a competitive pair who is at practice.

Player Name: \_\_\_\_\_ Sign: \_\_\_\_\_